

Triangle



Spring 2010

Message from the Manse

Six months ago I wrote in my “message” about new ventures in the churches of the “Triangle”. I am really pleased that so many of them are proving successful.

At Wombourne, our memorial service on All Saints Day in November proved a real source of comfort and encouragement to many people, among the regular congregation as well as those invited for the occasion. Now we look forward to our “Away-Day” on 6 March, to be led by Rev Neil Richardson at Gospel Ash.

At Gospel Ash we are pursuing cooperation with the Anglicans, and have planned a Good Friday Walk of Witness in Bobbington. We have decided there is no virtue in saying we are only few and cannot do much: we will do what we can!

Springdale’s “Family Hotpot” is a particular source of hope and joy. We have now had five of these, and so many are coming that we have had to ask “Is there a point at which we have to close the doors for safety’s sake, never mind whether the food can be made to stretch to feed everyone?” Both parents and children and helpers, too, clearly love coming. I hope we can grow in the realisation that this is not a substitute for “church”: this is “church” for all of us, those who also come on Sunday, and those who never think of that. Where that thought takes us I am not yet sure, but I believe God’s Holy Spirit will continue to lead us forward if we are faithful in following.

I hope we can continue to use this season of Lent to examine our own lives and think about the future direction of our churches. As you may know, I am on Sabbatical leave after Easter (look out for more information soon), which gives us all the chance to take stock and pray for guidance. God has a purpose for us all: He reveals it to us as we follow the example of Jesus in living the Christian way.

With Christian greetings,

Robert

Springdale Vestry News

At last spring is arriving after a winter full of the “white stuff”. It is wonderful to see the snowdrops, crocuses, and the spring bulbs bursting through the cold earth.

Once again we had a successful Christmas Fair - many thanks to everyone who contributed in any way, especially to Jacqueline and Nicola who organised us all.

Denis Campion was given the Stephenson Award for his 70 years of service to the NCH, now named Action for Children.

A new venture for Springdale, Posada, a travelling nativity, took place during the first month of Advent. A small box containing the wooden figures of Mary, Joseph, and a donkey, along with a prayer, was passed from house to house and returned to church on 19 December. Twenty-one families took part, including a number of our housebound members.

The Toy Service, Punch and Carols Evening, Nativity play and carol singing in the local community set the scene for a wonderful Christmas. So many people, both young and old, were involved, and their efforts were truly appreciated by all. The Christmas services were well attended, with standing room only at the Candlelight service. It was truly uplifting to hear the orchestra accompanying our carols as we came to celebrate the coming of Jesus.

On 24 January the four churches of Penn celebrated 25 years in covenant. The service was held at St Bart's and Keith Watts was installed as Chairman of the Penn Ecumenical Council. The address was given by the Rt Rev Gordon Mursell, Bishop of Stafford. We have also had an Ecumenical quiz, and a pancake and games evening - it was good to join together with our friends from other churches in Penn to raise money for Water Aid.

Fund-raising continues for the Development Fund, with many activities taking place, including the very successful selling of the Portrait of Penn calendars. A games evening was held to raise money for Caroline Ely as she prepares to go to Belize for 6 months to help with children and

young people - we wish her well in her exciting venture.

As I write we are approaching the season of Lent, when, each week, we will create a garden, from stony ground to beautiful flowers, to remember Christ's journey to Jerusalem, his death, and his resurrection on Easter Sunday.

This is my last report from the vestry as Senior Steward and I would like to thank all of the stewards for their support over the last year. A special mention must go to Barbara Beynon and Jackie Neilson who are stepping down as stewards after 5 years of service - thank you. Judy Staley will be Senior Steward from May 2010.

Praise be to God.



Barbara Mead *Senior Steward*

Wombourne Vestry News

As I sit to write this Vestry news from Wombourne, although still very cold, the sun is shining, the birds are singing, and spring bulbs are pushing their way through the frozen earth. They may be late, but Mother Nature never fails, just like God's love for us. All we need to do is put our faith and trust in him and he will supply our every need, maybe not in the way we wish, but he never fails.

We at Wombourne have said a sad farewell to another of our members - Betty Wood. Betty's funeral was held on 23 December and was well attended by family, friends and church members who knew Betty for many years before she was taken ill. We thank God for her witness in the Church before ill health forced her to stop. We remember Betty and her husband Tom with love and affection.

The 'Oily's Christmas Box' on 11 December went off with the usual gusto and our congratulations to all who took part, and to the audience who made it all worthwhile. A goodly sum was raised for charity - thank you.

At the beginning of December we introduced a new venture to our church, a "Posada", where figures of Joseph, Mary and a Donkey travelled around church member's houses, were given shelter for the night, and returned to Church during our carol service on 20 December. This went down very well with members who enjoyed having the Holy family with them overnight.

Our Carol Service was a joyful occasion, taken by Robert, with different sections of the church taking part. Our thanks to all who took part and made this evening a success

The New Year arrived with our annual Covenant Service taken by Robert on 3 January when we renewed our promises to God and a commitment to his Church and work. Our evening service on that day was a visit from "New Life Together", a mixed choir from Kidderminster who performed "Joseph", the Christmas story told through the eyes of a simple carpenter - quiet unassuming man who put his trust in God - a wonderful and thought provoking evening was had by all that attended.

On 24 January our preacher was the Rev Alan Francom, who was taking his last service before he finally retired. This was an emotional service and the church presented him with a book token and flowers for Maureen. He has decided to take only emergency services and we wish both him and Maureen a happy, healthful retirement (he has earned it).

Another wonderful occasion was enjoyed by the Wives Group on Thursday 11 February when they had their 45th Anniversary Service which was taken by Rev Dr Robert Ely, Rev Alan Francom and Rev Phil Harrison - all present and previous church ministers. Coffee was served after the service when members had the chance to speak to our former ministers. It was lovely to meet and talk with them all.

Robert is taking a Sabbatical from 6 April to 5 July, visiting Rwanda and the Iona Community - our love and best wishes go with him. We pray that God will be close to him and bless him in the work that he seeks to do. Our best wishes also go to Caroline who will be embarking on her exchange visit to Belize - may God bless her as she seeks his work to do.

Since this is my last piece for Vestry News, as my term of office

finishes, may I take this opportunity to thank Brenda, Jane and Charles (my fellow stewards) for all the help and support they have given me during my term of office - without them I would have found it very difficult. Again, my grateful thanks, and may God bless you all in all you do.

Pat Beddall *Senior Steward*

Gospel Ash Vestry News

I have been asked to write our account for this Triangle, in place of the Rev. Bill Stubbs (our usual contributor) who is still recovering. It must be said that Bill has attended services for the last two weeks in January. You can imagine that he received a very warm welcome from all the friends, who were delighted to see him. May I say that the uncertainty of the weather has not deterred the intrepid members from attending services, with only one exception when the snow was too deep. We even braved the ice when the car park was like a skating rink, the old ice skating skills still remaining!

Well you might ask what has been happening at Gospel Ash for the last few months! In November we arranged a joint meeting with some of the Leadership from Holy Cross Church, Bobbington, and ourselves to pursue ideas on which we could collaborate during the year ahead. Various ideas were put forward, some eye brows were raised a little, but this was "Blue Sky" thinking. We even came away with our first joint venture, to distribute each other's Christmas Cards and produce a joint one for Christmas 2010! We are meeting again in early February to formulate a possible programme of mutual co-operation for the whole year.

On Thursday 17 December an afternoon service was arranged entitled "Hope for the Future". This was not a usual Carol Service, this was more about what really happened 2000 years ago. The programme was put together by Robert and Denis and was a sterling piece of work, worthy of a second outing. The Carol Service on Sunday was more traditional but was equally challenging, in other ways. Many thanks to Robert and Denis.

The Water Colour Painting Classes still take place on Monday mornings and are enjoyed by all who attend. As with all classes of this

nature there are always places available for those who would like to experience and develop their artistic skills.

The Card Making classes on Thursdays still produce and execute excellent examples of this art. Once again those wishing to develop these skills will be warmly welcomed.

The Tuesday Club meets on the first Tuesday afternoon of each month. This year they decided to hold their Christmas Party in the Community Room, it appeared to be a roaring success, so much so that they are looking forward to the next Christmas Party!

The monthly Coffee Mornings on the first Thursday of each month are well attended and the sing along afterwards enables hymns that we rarely sing to be given an airing, and we also have the chance to learn new hymns. We are indebted to our organist Margaret Higgs on these occasions who seems to play whatever hymn is asked with comparative ease. What a gift!

This year, on Good Friday at 2.30pm, for the first time, along with our friends from Holy Cross Church, Bobbington, we shall be undertaking a Walk of Witness through the village, culminating in a short act of worship outside Bobbington Church. In the evening of Good Friday, at 7.30pm, we shall hold our United Good Friday Service at Gospel Ash.

We are looking forward to our friends from Codsall Methodist Church who will be coming in May as they do each year with their Men's Choir to help enhance our worship. This is a time of fellowship which we greatly appreciate. Also, later in May, we shall meet them for our annual Skittles Evening.

On Sunday 27 June, the Rev Phil Summers will be taking our service at 3.00pm. On the following Thursday 1 July at 10.00am, he will be leading the Coffee Morning and Hymn Sing Along.

With every blessing.

Tom Butler.

Springdale Pastoral News

This is the spring Triangle Pastoral report but at the moment we are still in the depths of winter - but the snowdrops and crocus can be seen - so, yes, spring is on the way!

Congratulations to Claire Partridge and Rob Ash on the occasion of their marriage at St Bart's on 23 December, 2009 - may God richly bless them. Also, congratulations to Caroline Baldwin and Magnus Weighton on the announcement of their Engagement over Christmas - they are to be married this August.

Congratulations to Laura (nee Staley) and David Hardcastle on the birth of Holly Elizabeth on 1 December, 2009, a welcome sister for William, and fourth grandchild for Judy and Phil Staley. Judith and David Pilsbury are also grandparents - Lizzie and Julian had a son, Jack James, born on 13 January. Gwyneth and Charles are also pleased to announce the safe arrival of their second great-granddaughter, Olivia Grace, born on 15 February to proud parents Claire and Laurie McEwan.

Many of our members have been in hospital - in particular we remember Rick Cooper, Sheila Thompson, Joan Croydon and Zherron Ferriday. Many are unwell and not able to join in fellowship on a Sunday - we do miss you all, but be assured you are all remembered in prayer, and we do pray that our Lord will give you strength to cope each day. Many also are undergoing treatment and various hospital appointments - the Lord knows and cares for each one of you. We remember Wendy and Richard Gould following the death of Wendy's mother on 11 February after a long illness - may you know the comfort of the Lord's arms surrounding you at this time.

On Sunday 10 January Eleanor Cooper and Fiona Jones were confirmed and received into Church Membership - it's always a joy to see, especially young people, taking this step. May God bless you both. On 7 February Gill Amos was transferred from the Church of England into the Springdale Fellowship.

Caroline Ely goes to Belize on 23 February for 6 months as a volunteer on a joint programme with the Methodist Church and the United

Society for the Propagation of the Gospel (USPG), an Anglican Foundation. She needs to raise £4,000 and is about halfway there - there is still time to help Caroline in this project! We pray God will bless her and guide her in all she does.

We pray God will bless all who have had a “special” birthday or celebrations.

So, as we approach Easter, we look to the new life offered to us, and remember the suffering of our Lord for our sakes, and give thanks that he rose victorious from the cross.

Gwyneth M Wade *Pastoral Secretary*

Wombourne Pastoral News

It's hard to believe that we are now more than halfway through February. I hope you all had a memorable Christmas, and wish you a Happy and Peaceful New Year.

At the end of November, 2009, Gill Grove's twin sister Joy, lost her husband Tony. We pray for Joy and all the family as they mourn their loss. We also lost two long-standing church members, Bill Moorhouse and Betty Wood. We ask God to bless both of their families, and thank him for all they both did for us all at Wombourne. More recently we pray for John and Edna Fellows as they mourn the passing of John's sister - may your peace, Lord, be with all the family.

Again, many of our church family have been in hospital. We pray for God's blessings on Phil and Jack Smith, Charles Clowes, and Margaret Vaughan, and any others who have had spells in hospital since my last report. We praise God and thank him for Sophie's continued improvement, and that she is now able to attend school for a few hours a week. We thank God for Bill Stubbs' return home; and for John and Sue back at worship again. At this time of writing we pray especially for Les Knight in hospital, and ask God to be close to him, Jean and all the family, and to give them your strength and your peace.

Audrey Harris is now in Holbeache House and we pray God's blessings on her as she settles into her new home. We pray for all our members who are in homes or housebound; for Annie, Mary, Colin, Gwen, Florence, Ivy and Jack. May they feel your love surrounding them each day.

We trust that Adam Cresswell is enjoying his new job in Cambridge, and we pray for others who have left home, either at university, college, or starting a new career. May they all be richly blessed. God go with Caroline Ely on her journey to Belize, and keep her safe.

For any who have celebrated special anniversaries or birthdays recently - especially Beryl Purchase and Jean Knight on reaching their 80th birthdays - we congratulate them and pray for God to bless them.

For those in need of any kind, we can rest assured that God will always be close to help us, if we ask him

Hebrews 10: 19-25 - "Let us draw near to God with a sincere heart in full assurance of faith, ..."

Carole Walker *Pastoral Secretary*

Tribute to Betty Wood

The 16 October, 1977, was a very special day for both Betty and myself as we were confirmed into membership of the Methodist Church here in Wombourne. Eric and I were privileged to be put into the pastoral care of Betty two years later when he, too, joined the church and Betty became a pastoral leader. We grew to love her, and she helped us enormously with her constant care; and her deep faith inspired us and encouraged us. She held many offices in church - vestry steward, NCH Secretary, and pastoral leader, amongst others, and for many years worked tirelessly in the background helping to clean the church.

For the past few years she had not been able to worship with us and was greatly missed. Although far from well she always made me so welcome, never complaining, and always asking about others - a truly Christian

lady. Eric and I will always remember her with deepest affection, knowing that our lives have been enriched by our friendship with her.

Our thoughts and prayers are with Tom and Graham, Anthony and all the family.

Rest in peace, and thank you, Betty.

Carole Walker



Holy Humour

Give me a sense of humour, Lord,
Give me the grace to see a joke,
To get some humour out of life,
And pass it on to other folk!

A father was approached by his small son who told him proudly, “I know what the Bible means!” His father smiled and replied, “What do you mean, you 'know' what the Bible means?” The son replied, “I do know!” “Okay,” said his father, “What does the Bible mean?” “That's easy, Daddy,” the young boy replied excitedly, “It stands for ‘**B**asic **I**nformation **B**efore **L**eaving **E**arth.’”

There was a very gracious lady who was mailing an old family Bible to her brother in another part of the country. “Is there anything breakable in here?” asked the postal clerk. “Only the Ten Commandments!!” answered the lady.

Somebody has said there are only two kinds of people in the world. There are those who wake up in the morning and say, “Good morning, Lord!” and there are those who wake up in the morning and say, “Good Lord, it's morning!”

There is the story of a pastor who got up one Sunday and announced to his congregation: “I have good news and bad news. The good news is, we have enough money to pay for our new building programme. The bad news is, it's still out there in your pockets!”

Springdale House Groups

Here we tell you a little about the House Groups that are currently running at Springdale - if you feel the topics interest you then please speak to one of the leaders to find out more, and perhaps consider joining.

Prayer and Bible Study House Group

The group meets every other week on a Thursday evening. Recently our numbers have been reduced by illness and the weather.

In the first part of the meeting we review the Church Prayer list which is then carefully updated by Freda Bristow. We pause over each name in order to reflect on the changing situation of each person and amend the list as necessary. After the list has been updated we spend time in devotion and remember in prayer the people on the list before God for wholeness and healing.

The second half of the evening is a Bible or Bible related study. In the autumn of 2009 we began studying the doctrine and ethics of other faiths that are to be found in Wolverhampton. We have examined their doctrines, ethics, worship and practices and looked at how they reflect or contradict the Bible and our understanding of Christian Faith. In the next session we will be looking at Groups in Wolverhampton who belong to sects that have deviated from orthodox Christian faith, doctrine, worship and ethics. We shall be making comparisons with our understanding of Biblical teaching, Christian faith and their interpretation and practice.

Donald Ryan

Monday Morning House Group

The Monday morning house group meets at Val & Denis Campion's home on a fortnightly basis. We meet at 10.15am for coffee and biscuits and finish at around 11.45am. There have been up to ten people in the group but at the moment there are usually six of us, because of ill health. We have welcomed one new member during the last year.

Before Christmas we finished studying a variety of different Parables and we have just begun looking at Women of the Old Testament - Eve, Sarah and Hagar, and the next one after Easter will be Miriam. We have a break during Lent to enable those who wish to attend a Lent House Group to do so. In the future we hope to look at Women of the New Testament.

We are a very relaxed group - no one is forced to speak or have any great theological knowledge, or even to have attended a house group before. We are able to share our thoughts and feelings in a safe environment. Often our discussions take us off to places we never expected and sometimes we even have fun!!

We are an open group and would be really glad for new people to join us. Please speak to Val Campion or Liz Green if you would be interested.

Liz Green



Holy Humour

A minister parked his car in a no-parking zone in a large city because he was short of time and couldn't find a space with a meter. Then he put a note under the windshield wiper that read: "I have circled the block 10 times. If I don't park here, I'll miss my appointment. Forgive us our trespasses." When he returned he found a citation from a police officer along with this note - "I've circled this block for 10 years. If I don't give you a ticket I'll lose my job. Lead us not into temptation."

A teacher began her lesson with a question, "Boys and girls, what do we know about God?" A hand shot up in the air. "He is an artist!" said the kindergarten boy. "Really? How do you know?" the teacher asked. "You know - Our Father, who does art in Heaven....?!"

A Sunday School teacher asked her little children as they were on the way to a church service, "And why is it necessary to be quiet in church?" One bright little girl replied, "Because people are sleeping."

Saltmine Theatre Company

If you have ever seen the above company you will know how good and entertaining they are! Trinity Methodist Church, Codsall, have the pleasure of inviting you to a presentation of

“Who Moved the Egg?”

Monday 29 March, 7.30pm

“Who Moved the Egg” is an Easter extravaganza for all the family that entertains and inspires in equal measure. Saltmine takes us through the Last Supper all the way to Ascension - whilst trying to find an answer to that age-old question that still foxes people today - who did move the egg?

Tickets - Adults £5, Young People (8 - 15 years) £2.50
Box Office - 07766 106615

The production is not suitable for children 7 years and under.



Easter March of Hope

When?

Easter Saturday 2 April, 2010

Gathering 10am

(those with mobility problems can join en route or at St Peter's Square)

Where?

10.30am - West Park Bandstand

(Saltmine Theatre Company production)

11.00am - March commences

11.30am - St Peter's Square

(celebration with finale of Saltmine Theatre Company production)

What?

A celebratory march with an Easter drama,
followed by an informal act of worship.

Why?

To tell the Easter story and to show the City of
Wolverhampton that Jesus is alive and so is His church!

Who?

For Christians of all denominations.

More information?

Contact 01902 313121 or email info@lifespring.uk.com

I Believe...

Just because two people argue, it doesn't mean they don't love each other. And just because they don't argue, it doesn't mean they do love each other.

We don't have to change friends if we understand that friends change.

No matter how good a friend is, they're going to hurt you every once in a while and you must forgive them for that.

True friendship continues to grow, even over the longest distance.

It takes a long time to become the person you want to be.

You can keep going long after you think you can't.

We are responsible for what we do, no matter how we feel.

Either you control your attitude or it controls you.

Heroes are the people who do what has to be done when it needs to be done, regardless of the consequences.

Sometimes the people you expect to kick you when you're down will be the ones to help you get back up.

Maturity has more to do with what types of experiences you've had and what you've learned from them, and less to do with how many birthdays you've celebrated.

It isn't always enough, to be forgiven by others. Sometimes, you have to learn to forgive yourself.

Our background and circumstances may have influenced who we are, but, we are responsible for who we become.

Two people can look at the exact same thing and see something totally different.

Even when you think you have no more to give, when a friend cries out to you, you will find the strength to help.

The happiest of people don't necessarily have the best of everything; they just make the most of everything they have.

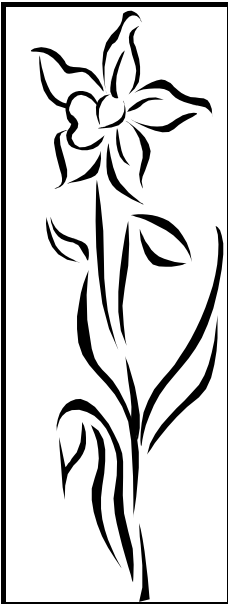
Time stands still best in moments that look suspiciously like ordinary life.

Start

The group at Springdale which has been looking at the future direction of the church has been looking at the “Start” course. This is a six-session course for those who want to find out a bit more about the Christian faith. If you’ve heard of “Alpha”, then this is the same idea, but we feel it’s a bit more suitable for the Springdale community than “Alpha”. It’s based on a DVD, with a back-up booklet, with lots of opportunity for people to comment or ask questions. We thought about putting it on in the autumn, so that is our proposal to the Church Council. Please think and pray about this scheme.

Robert

The Lady with the Walking Stick



Oh marvellous lady with your magnificent walking stick!
Your nimble fingers bedeck it with wondrous flowers
so chic.
For every season you contrive a glorious display,
You bring joy and jubilation as we journey on our way.

In this dreary month of January with its days so dark,
If you are on the chilly bus it’s like being in a park!
We can forget winter with its bare trees and cold naked
earth.
You bring spring flowers to remind us of Nature’s rebirth.

Thank you for your adept skill in transforming your
stick with charm.

May you live many contented years and bring us
peace and calm.

May more delighted passengers know the glories of
flowers

And in the beautiful countryside spend many joyful hours.

Bernard Davies

Music

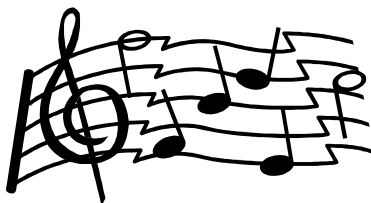
If music brings calm to my mind and food for my soul, then play some.
Gilbert and Sullivan, Rodgers and Hammerstein, Loerner and Loewe.
To these fabled, famous couples my expectant ears love to go.
Sumptuous melodies, witty patter songs and moving lyrics.
Here are words and tunes to change the closed minds of musical cynics.

If music brings calm to my mind ad food for my soul, then play some.
Beethoven, Mozart, Brahms, Tchaikovsky, Mendelssohn, Elgar and Bach.
All are wonderful composers: their music frees us from the dark.
Symphonies, concertos, sonatas, operas, songs and ballets.
These skilful composers affect our feelings in myriad ways.

If music brings calm to my mind ad food for my soul, then play some.
Canticum Sacrum, hymns, carols and the wonderful Messiah,
Judas Maccabeus, Dream of Gerontius, Jephtha and Elijah.
Requiem Mass, Missa Solemnis, Gloria, Credo, Sanctus.
What a magnificent wealth of sacred music to uplift us!

If music brings calm to my mind ad food for my soul, then play some.
Doris Day, Frank Sinatra, Julie Andrews and Kathryn Grayson,
Judy Garland, Bing Crosby, Shirley Bassey and Michael Jackson.
There is such a range of good singers to choose from as in my list.
Many of the great vocalists of the past would really be missed.

If music brings calm to my mind ad food for my soul, then play some.
Handbells, trumpets, cornets, cymbals and a mellow cello,
Tambourines, triangles, snare drum, trombone and a reedy oboe,
Flute, clarinet, violin in a luxurious melody.
So many instruments to please your taste when playing in harmony.



Bernard Davies

Candlemas - 2nd February

In the days of the early church Candlemas, being the end of the church's Christmastide and winter, was the time when people's thoughts turned to Spring. Candles for the coming season were paraded and consecrated at Candlemas. These were always real beeswax (tradition held that bees came from heaven) whereas domestic lighting used tallow candles and rushlights. In some places the Yule Candle was re-lit for a family meal on Candlemas night in dedication of Spring.

Jackie Neilson

A cup of tea

If you are cold, tea will warm you up;
If you are heated it will cool you;
If you are depressed it will cheer you;
If you are excited it will calm you.

True, as spoken by William Gladstone.

Jackie Neilson

Be strong and of good courage; be not afraid, neither be dismayed; for the Lord thy God is with you wherever you go. Joshua. 1.v9

Jackie Neilson

Penn History Fair

It will be taking place again this year in June at the United Reformed Church Anything relating to Springdale's history would be most welcome to add to my collection. If you have anything, photos, memorabilia, documents, etc. I'll copy and return, with thanks.

Jackie Neilson

Inspiring Thoughts

Until you spread your wings, you'll have no idea how far you can fly.

When you feel like giving up, remember why you held on for so long in the first place.

A champion is someone who gets up, even when he can't.

Never give up on something that you can't go a day without thinking about.

The only time success comes before work is in the dictionary.

You were not born a winner, and you were not born a loser. You are what you make yourself be.

A journey of a thousand miles begins with a single step.

Believe you can and you're half way there.

It's not what you know, it's what you do with what you know.

It is not wanting to win that makes you a winner; it is refusing to fail.

Some times you have to fall from the mountain to realise what you are climbing for.

People who say it cannot be done should not interrupt those who are doing it.

You can't have a better tomorrow if you're always thinking about yesterday.

Deadline for the next edition of Triangle is
Sunday 23 May

Please would all stewards, pastoral secretaries, etc., etc.
make a note in their diaries so as not to miss this deadline.

Thank you.

Please hand in your articles directly, or via your stewards, to
Helen Cooper triangle[at]springdalechurch.org.uk)